

# Users and Abusers of Psychiatry: A Critical Look at Psychiatric Practice

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**Users and Abusers of Psychiatry: A Critical Look at Psychiatric Practice by Lucy Johnstone.**

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*Users and Abusers of Psychiatry* is a radically different, critical account of the day-to-day practice of psychiatry. Using real-life examples and her own experience as a clinical psychologist, Lucy Johnstone argues that the traditional way of treating mental illness can often exacerbate people's original difficulties leaving them powerless, disabled and distressed.

In this completely revised and updated second edition, she draws on a range of evidence to present a very different understanding of psychiatric breakdown than that found in standard medical textbooks.

*Users and Abusers of Psychiatry* is a challenging but ultimately inspiring read for all who are involved in mental health - whether as professionals, students, service users, relatives or interested lay people.

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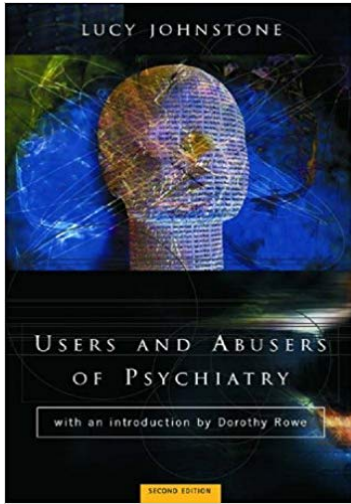
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